Alaska Center for Pain Relief

3851 Piper Street, Suite U464
Anchorage, AK 99508
p 907.339.4800 f 907.339.4801

New Patient Health Questionnaire

Name:_____ **Date:**_____

Street Address:_____ **SS#**_____

City:_____**State**_____**Zip**_____ **Home Phone:**_____

Sex:_____**Age:**_____**Birth Date:**_____ **Work Phone:**_____

Insurance:_____ **Cell Phone:**_____

Referring Physician:_____

How long have you had your current problem? _____

Please describe in your own words the nature of your pain:

_____

_____

_____

_____

What is your pain level today on a scale of 0-10 (0 being None and 10 being the worst): _____

Circle the words that best describe your pain: Aching Constant Cramping Dull Burning Numbness/Tingling Pressure Sharp Shooting Spasms Stabbing Throbbing Weakness
Other: _____

List any aggravating factors: _____

List any alleviating factors: _____

Who is your Primary Care Provider and their address:

_____

Who is you Primary Pharmacy/Location:

_____

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Please List any drug allergies and their reactions:

Name	Reaction

Please list your Medications:

Name	Dosage(s)	How Often

Is there a history of any of the following in a blood relative? (Please check if yes)

__Alcoholism __Breast Cancer __Stroke __Psychiatric Illness
__High blood pressure __Chronic Pain __Depression __Heart Attack
__Migraine __Disability __Diabetes __Colon cancer
__Other:_____

Social History:

Are you right or left handed? _____

Marital Status (check one or more): __Single __Married __Widowed __Divorced __Living together

Tobacco use currently? ____Yes ____No How Much?_____

Previous smoker? ____Yes ____No Quit date:_____ How many years did you smoke? _____

Alcohol Intake: ____None ____Occasional ____Moderate ____Heavy

Do you drive? ____Yes ____No Do you wear a seat belt? ____Yes ____No ____Sometimes

Do you have difficulty walking or climbing stairs? ____Yes ____No

Do you have difficulty dressing or bathing? ____Yes ____No

Do you have difficulty doing errands alone? ____Yes ____No

Who do you work for currently?_____

Do you live alone or with others? _____If others, who? _____

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Please list any Surgeries you have had in the past:

Surgery	Date

Have you had any Imaging done for what we are seeing you for today ? ____Yes ____No

Where?_____When?_____

General Medical History: Check any conditions you have ever had:

___AIDS/HIV
___Acid Reflex
___Angina
___Anxiety Disorder
___Arthritis
___Asthma
___Atrial Fibration
___Back Pain
___Bipolar Disorder
___Bleeding Disorder
___Blood Clots
___Bowel Obstruction
___COPD
___Cancer
___Compression Fracture
___Congestive heart Failure
___Coronary Artery Disease
___Depression
___Diabetes
___Endometriosis
___Fibromyalgia
___GERD
___Glaucoma
___Gout
___Headaches
___Heart Attack
___Heart Disease
___Heartburn
___Hepatitis
___High Cholesterol
___History of MRSA
___Hypertension
___Kidney Disease
___Liver Disease
___Lung Problems
___Multiple Sclerosis
___Osteoporosis
___Psychiatric Illness
___Seizures
___Stroke
___Substance Abuse
___Thyroid Problems
___Trigeminal Neuralgia
___Ulcerative Colitis
___Vascular Disease

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Please review the following Review of Systems and check all that apply currently:

Constitutional
__Fever
__Night Sweats
__Weight Gain (__lbs)
__Weight Loss (__lbs)
__Exercise intolerance

Psychiatric
__Depression
__Sleep disturbance
__Restless sleep
__Alcohol abuse
__Anxiety
__Suicial thoughts

Allergic/Immunologic
__Runny nose
__Sinus pressure
__Itching
__Hives
__Frequent sneezing

ENMT
Ear
__Difficulty hearing
__Ear pain
Nose
__Frequent nosebleeds
__Nose problems
__Sinus problems
Mouth/Throat
__Sore throat
__Bleeding gums
__Snoring
__Dry mouth
__Oral abnormalities
__Mouth ulcers
__Teeth abnormalities
Eyes
__Dry eyes
__Irritaion
__Vision change

Respiratory
__Cough
__Wheezing
__Shortness of breath
__Coughing up blood
__Sleep apnea

Cardiovascular
__Chest pain
__Rapid heart rate

Gastrointestinal
__Abdominal Pain
__Vomiting
__Change in appetite
__Black or tarry stool
__Frequent diarrhea
__Vomiting blood
__Dyspepsia
__GERD

Musculoskeletal system
__Muscle aches
__Muscle weakness
__Arthralgias/Joint pain
__Back pain
__Swelling in the extremities
__Muscle spams
__Grating sensation felt
__Muscle tightness
__Neck stiffness

Neurological symptoms
__Weakness
__Numbness
__Seizures
__Dizzness
__Frequent or severe headaches
__Migraines
__Restless legs
__Tremor

Hematologic symptoms
__Easy bruising
__Excessive bleeding

Endocrine
__High blood sugar trend

Integumentary
__Abnormal mole
__Jaundice
__Rash
__Ithcing
__Dry skin
__Growth/lesions
__Laceration

Signature of Patient/Legal Patient Representative: _____Date:_____

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Please use the appropriate symbol(s) to mark your pain on the Diagram below. Include all affected areas.

Numbness n n **Pins & Needles OOO** **Aching ____**
Cramping . . . **Burning xxxx** **Stabbing ////**